

RECORDS - World Men U-P

Updated 20th April 2009

TEENAGE 3 (18-19 yrs) UNEQUIPPED

WGT	Squat	Bench Press	Deadlift	Total				
52		WADHWA Ankur* - USA (24 Aug 1996)	87.5					
56	HOBART Nick - USA (29 Aug 1999)	92.5	WYNN Marcus - USA (1997)	87.5	HOBART Nick - USA (29 Aug 1999)	132.5	HOBART Nick - USA (29 Aug 1999)	315
60	SANDERS Ashley - ENG (19 Apr 2009)	120	WYNN Marcus* - USA (23 Aug 1998)	107.5	DOYLE Cathal - IRE (27 Jan 2008)	170	MCQUILLAN Shane - IRE (21 Jun 2008)	380
67.5	VEACELAV Cristov - MDA (2003)	202.5	KUCZERA Mariusz* - POL (1993)	150	VEACELAV Cristov - MDA (2003)	215	VEACELAV Cristov - MDA (2003)	505
75	PROGUNOV Vitaly - RUS (22 Nov 2008)	175	KUCZERA Mariusz - POL (1994)	155	PROGUNOV Vitaly - RUS (22 Nov 2008)	245	PROGUNOV Vitaly - RUS (22 Nov 2008)	535
82.5	JENKIN Steve - ENG (18 Oct 2003)	215	DEXTER Andrew* - CAN (18 Sep 1994)	145.5	DEXTER Andrew - CAN (18 Sep 1994)	260	DEXTER Andrew - CAN (18 Sep 1994)	607.5
90	BECK Travis - USA (28 Aug 1999)	210	WATSON Brent - USA (1999)	165	LE_CRAS Brett - ENG (6 Apr 2008)	265	PHILLIPS Harry - ENG (21 Jun 2008)	572.5
100	O'DONNELL Kevin - GBR (18 Apr 2006)	180	MONTAGUE Patrick* - CAN (1998)	145	O HARE Paul - IRE (18 Apr 2009)	230	VICKERY Andy - GBR (19 Apr 2009)	517.5
110	MEEHAN TJ - IRE (17 Nov 2007)	210.5	BALIS Matt* - USA (1992)	182.5	CARTER George - ENG (11 Nov 2006)	235	LA_ROCK Mitchell - USA (22 Nov 2008)	562.5
125	DECHAMPS Jerome - BEL (11 Nov 2006)	210	CATHCART Jonathon - IRE (18 Apr 2009)	145	DECHAMPS Jerome - BEL (1 Sep 2007)	265	DECHAMPS Jerome - BEL (1 Sep 2007)	605
145	CASTLEBERRY Jeremy - USA (2004)	200	LAKE Matthew - USA (24 Aug 1996)	202.5	CASTLEBERRY Jeremy - USA (2004)	237.5	CASTLEBERRY Jeremy - USA (2004)	592.5
145+			RICHARDS Ernie* - USA (1997)	165				

JUNIOR (20-23 yrs) UNEQUIPPED

WGT	Squat	Bench Press	Deadlift	Total				
52	DIGNAM William - IRE (8 Apr 2006)	60	WADHWA Ankur* - USA (1997)	90	DIGNAM William - IRE (8 Apr 2006)	85	DIGNAM William - IRE (8 Apr 2006)	180
56	O'HARA Craig - IRE (27 Jan 2008)	72.5	GUTIERREZ Pete* - USA (1997)	97.5	O'HARA Craig - IRE (27 Jan 2008)	125	O'HARA Craig - IRE (27 Jan 2008)	242.5
60	HALL George - ENG (5 Apr 2008)	125	EXTRA Tom - AUS (3 Aug 2008)	105	EXTRA Tom - AUS (3 Aug 2008)	183	HALL George - ENG (5 Apr 2008)	405
67.5	CLAVERIE Kevin - FRA (11 Nov 2006)	170	CLAVERIE Kevin - FRA (24 Jun 2006)	122.5	WILSON Mark - ENG (5 Apr 2008)	210	CLAVERIE Kevin - FRA (11 Nov 2006)	477.5
75	GUTSU Andrei - MDA (2003)	210	FLICK Nathan - AUS (1997)	177.5	WILKINSON Steve - ENG (5 Apr 2008)	245	GUTSU Andrei - MDA (2003)	560
82.5	HOPE Robert - SCO (8 May 2004)	222.5	RINEY Dennis* - USA (24 Aug 1996)	172.5	STURMER Christoph - GER (17 Nov 2007)	277.5	STURMER Christoph - GER (17 Nov 2007)	625
90	ARMSTRONG Liam - SCO (6 May 2007)	221	KLAYHOLD Keith - USA (23 Aug 1998)	170	MACKIE Chris - ENG (7 May 2005)	280	PERCIVAL Daniel - ENG (11 Nov 2006)	622.5
100	WESMAN Kelly - USA (28 Aug 1999)	250	COULTER Marcus* - USA (1995)	185	FENNELLY James - IRE (17 Nov 2007)	315	FENNELLY James - IRE (17 Nov 2007)	700
110	BIRKETT Russell - ENG (6 May 2007)	222.5	GARRIS Donovan - USA (24 Aug 1996)	197.5	FENNELLY James - IRE (8 Apr 2006)	320	FENNELLY James - IRE (8 Apr 2006)	690
125	ALLISON Dean - ENG (17 Nov 2007)	240	THIESSEN Joel - CAN (1998)	180.5	PIPE Matthew - ENG (19 Apr 2009)	320	PIPE Matthew - ENG (19 Apr 2009)	730
145	HULSLANDER Dennis - USA (1995)	272.5	HULSLANDER Dennis - USA (1995)	215	HULSLANDER Dennis - USA (1995)	272.5	HULSLANDER Dennis - USA (1995)	750
145+			NICKLESS Pete* - USA (23 Aug 1998)	185				

MASTER 1 (40-44yrs) UNEQUIPPED

WGT	Squat	Bench Press	Deadlift	Total				
52		FORBES Brian* - IRE (27 Jun 1998)	97.5					
56		HIGGINS Fred* - USA (1993)	132.5					
60	FORBES Brian - IRE (21 Oct 2000)	145	GUTTERIDGE Alan* - ENG (15 Jun 1991)	136.5	FORBES Brian - IRE (19 Oct 2002)	192.5	FORBES Brian - IRE (19 Oct 2002)	437.5
67.5	BEDFORD Peter - ENG (17 Nov 2007)	182.5	JOHNSON S* - USA (1993)	137.5	BEDFORD Peter - ENG (17 Nov 2007)	227.5	BEDFORD Peter - ENG (17 Nov 2007)	540
75	HANNAH David - SCO (19 Jun 2005)	195	ROY Michael - USA (1997)	145	HANNAH David - SCO (2004)	242.5	HANNAH David - SCO (19 Jun 2005)	560
82.5	HALL Rob - ENG (6 May 2007)	201	KLOSTERGAARD Jim - USA (1992)	175	MAUHOURET Pascal - FRA (2002)	265	MAUHOURET Pascal - FRA (27 Apr 2002)	585
90	MINTY Vince - ENG (19 Apr 2009)	212.5	MINTY Vince - ENG (19 Apr 2009)	167.5	LANE Mark - IRE (21 Oct 2001)	290	LANE Mark - IRE (21 Oct 2001)	635
100	PILLING Les - ENG (28 Aug 1999)	260	SKINNER J - AUS (1993)	192.5	LANE Mark - IRE (20 Oct 2002)	295	PILLING Les - ENG (28 Aug 1999)	710
110	HAYES Kelvin - USA (22 Nov 2008)	282.5	NORTON Mark - ENG (6 Apr 2008)	192.5	HAYES Kelvin - USA (22 Nov 2008)	300	HAYES Kelvin - USA (22 Nov 2008)	732.5
125	SUTTON Pete - WAL (10 Dec 2005)	270	CHAMBERS Jackie - USA (1993)	215	LAING Phil - ENG (6 Apr 2008)	310	SUTTON Pete - WAL (10 Dec 2005)	760
145	SUTTON Peter - WAL (22 Nov 2008)	285	ROWLANDS Haydn* - ENG (28 Mar 1998)	223	SUTTON Peter - WAL (17 Nov 2007)	310	SUTTON Peter - WAL (22 Nov 2008)	807.5
145+	DELEON Richard - USA (22 Nov 2008)	315	DELEON Richard - USA (22 Nov 2008)	202.5	DELEON Richard - USA (22 Nov 2008)	277.5	DELEON Richard - USA (22 Nov 2008)	795

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MASTER 5 (60-64yrs) UNEQUIPPED

WGT	Squat	Bench Press	Deadlift	Total	
52					
56					
60		TIDONA Vincenzo* - FRA (1992)	107.5		
67.5	BARET Claude - FRA (7 Apr 2007)	117.5	CORTES Robert* - USA (1994) 122.5	BARET Claude - FRA (7 Apr 2007) 175	BARET Claude - FRA (7 Apr 2007) 370
75	SIMPSON Alan - AUS (3 Aug 2008)	140.5	HAMBLIN Ed* - USA (18 Jul 1992) 120	DUBROV Anatoly - RUS (10 Dec 2005) 192.5	DUMONTOIS Jacques - FRA (23 Jun 2001) 450
82.5	MORRISON Austin - AUS (3 Aug 2008)	190	ASKEW John* - ENG (23 Aug 1998) 142.5	MURDIE Keith - ENG (20 Oct 2001) 200	MORRISON Austin - AUS (3 Aug 2008) 472.5
90	DAVIES Andy - ENG (17 Nov 2007)	185	GROTTO Leonida - ITA (10 Dec 2005) 150	DAVIES Andy - ENG (6 Apr 2008) 232.5	GROTTO Leonida - ITA (10 Dec 2005) 535
100	McCONNELL Laurence - IRE (11 Nov 2006)	235	McCONNELL Laurence - IRE (18 Apr 2009) 150	McCONNELL Laurence - IRE (11 Nov 2006) 245	McCONNELL Laurence - IRE (31 Mar 2007) 600
110	McCONNELL Laurence - IRE (21 Jun 2008)	230	McCONNELL Laurence - IRE (27 Jan 2008) 143	McCONNELL Laurence - IRE (27 Jan 2008) 235	McCONNELL Laurence - IRE (21 Jun 2008) 605
125	JOHNSTON William - IRE (17 Nov 2007)	180	BONNEAU Colin - CAN (30 Jun 2008) 187.5	GRABER Linus - SWI (10 Mar 2007) 220	GRABER Linus - SWI (10 Mar 2007) 500
145					
145+					

MASTER 6 (65-69yrs) UNEQUIPPED

WGT	Squat	Bench Press	Deadlift	Total	
52					
56		SMITH Dennis* - USA (1997)	77.5		
60	FOXWELL Gerald - WAL (7 Apr 2002)	80	KAWASAKI Nori* - USA (1997) 97.5	FOXWELL Gerald - WAL (11 May 2002) 152.5	FOXWELL Gerald - WAL (11 May 2002) 297.5
67.5	CAMUS-MOLLET Daniel - FRA (2004)	152.5	CORTES Robert* - USA (24 Aug 1996) 125	CAMUS-MOLLET Daniel - FRA (2005) 183	CAMUS-MOLLET Daniel - FRA (2004) 415
75	CAMUS-MOLLET Daniel - FRA (21 Jun 2003)	160	VASQUEZ R - FRA (1993) 105	CAMUS-MOLLET Daniel - FRA (21 Jun 2003) 192.5	CAMUS-MOLLET Daniel - FRA (21 Jun 2003) 442.5
82.5	WEST Eric - ENG (5 Apr 2008)	137.5	RODGER Dave* - ENG (27 Feb 1993) 133	WATERS Jim - USA (22 Nov 2008) 185	MURDIE Keith - ENG (18 Oct 2003) 430
90	THEYSSENS Martin - BEL (1 Sep 2007)	157.5	REMLEY Bill* - USA (24 Aug 1996) 132.5	JONES John - ENG (8 May 2004) 205	THEYSSENS Martin - BEL (1 Sep 2007) 432.5
100	VAN_WEENEN Wim - AUS (2002)	145	FULTON John - SCO (27 May 1995) 132.5	VAN_WEENEN Wim - AUS (2002) 170	VAN_WEENEN Wim - AUS (2002) 415
110	GOSTELLI John - SWI (10 Dec 2005)	145	GOSTELLI John - SWI (24 Jun 2006) 107.5	GOSTELLI John - SWI (10 Dec 2005) 175	GOSTELLI John - SWI (10 Dec 2005) 425
125		STRATTON D* - USA (1992)	107.5		
145					
145+					

MASTER 7 (70-74yrs) UNEQUIPPED

WGT	Squat	Bench Press	Deadlift	Total	
52					
56					
60		NOLAN Richard* - USA (24 Aug 1996)	62.5		
67.5	CAMUS-MOLLET Daniel - FRA (7 Apr 2007)	145	BONNER Harry - USA (1994) 85	CAMUS-MOLLET Daniel - FRA (7 Apr 2007) 175	CAMUS-MOLLET Daniel - FRA (7 Apr 2007) 397.5
75	TARRAN Ed - ENG (21 Apr 2001)	120	PASSMORE George - ENG (20 Nov 2004) 100.5	TARRAN Ed - ENG (23 Jun 2001) 180	TARRAN Ed - ENG (23 Jun 2001) 355
82.5	McMAHON Charles - AUS (5 Aug 2007)	100	McMAHON Charles - AUS (5 Aug 2007) 77.5	McMAHON Charles - AUS (5 Aug 2007) 140	McMAHON Charles - AUS (5 Aug 2007) 317.5
90	VAN_WEENEN Wim - AUS (2003)	165	LEE Charles* - USA (1993) 117.5	VAN_WEENEN Wim - AUS (2003) 210	VAN_WEENEN Wim - AUS (2003) 475
100	ANDREWS Tim - USA (22 Nov 2008)	125	FULTON John* - SCO (10 Nov 1997) 140	ANDREWS Tim - USA (22 Nov 2008) 147.5	ANDREWS Tim - USA (22 Nov 2008) 390
110	BORTNAK John - CAN (1997)	65	LEONARD R* - USA (1991) 135	BORTNAK John - CAN (2001) 105	BORTNAK John - CAN (2001) 220
125		BORTNAK John* - CAN (1998)	87.5		
145					
145+					

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MASTER 8 (75-79yrs) UNEQUIPPED

WGT	Squat	Bench Press	Deadlift	Total				
52								
56								
60	SMITH Steve - USA (22 Nov 2008)	60	SMITH Steve - USA (22 Nov 2008)	75	SMITH Steve - USA (22 Nov 2008)	120	SMITH Steve - USA (22 Nov 2008)	255
67.5	TIDONA Vincenzo - FRA (7 Apr 2007)	105	TIDONA Vincenzo - FRA (7 Apr 2007)	75	TIDONA Vincenzo - FRA (7 Apr 2007)	150	TIDONA Vincenzo - FRA (7 Apr 2007)	330
75	TARRAN Ed - ENG (20 Apr 2003)	100	BENNER Harrison* - USA (24 Aug 1996)	85	TARRAN Ed - ENG (21 Jun 2003)	175	TARRAN Ed - ENG (20 Apr 2003)	335
82.5								
90								
100								
110								
125								
145								
145+								

MASTER 9 (80-84yrs) UNEQUIPPED

WGT	Squat	Bench Press	Deadlift	Total	
52					
56					
60		CLUER Ron* - ENG (9 Dec 1996)	57.5		
67.5		CLUER Ron* - ENG (1997)	57.5		
75					
82.5					
90					
100					
110					
125					
145					
145+					

MASTER 10 (85-89yrs) UNEQUIPPED

WGT	Squat	Bench Press	Deadlift	Total
52				
56				
60				
67.5				
75				
82.5				
90				
100				
110				
125				
145				
145+				

M/P/F UNEQUIPPED

WGT	Squat	Bench Press	Deadlift	Total				
52								
56		KHAN Mo* - ENG (15 Jun 1991)	90					
60		KHAN Mo - ENG (27 May 1995)	80					
67.5	COLE Sean - ENG (19 Apr 2009)	170	McCONNELL Scott - IRE (31 Mar 2007)	142.5	COLE Sean - ENG (19 Apr 2009)	240	COLE Sean - ENG (19 Apr 2009)	527.5
75	WILKINSON Steve - ENG (17 Nov 2007)	197.5	SOUTHERN Casey - USA (2002)	137.5	WILKINSON Steve - ENG (5 Apr 2008)	245	FLEMING Mark - ENG (5 Apr 2008)	570
82.5	MOCHALOV Andrey - RUS (11 Nov 2006)	225	MC AFFER Glynn - GBR (19 Apr 2009)	157.5	MOCHALOV Andrey - RUS (11 Nov 2006)	283	MOCHALOV Andrey - RUS (11 Nov 2006)	630
90	HARRISON Colin - ENG (19 Apr 2009)	212.5	FLETCHER Mark - ENG (19 Apr 2009)	170	MACKIE Chris - ENG (7 May 2005)	280	HARRISON Colin - ENG (19 Apr 2009)	630
100	WALLACE Derek - USA (22 Nov 2008)	260	WALLACE Derek - USA (17 Nov 2007)	172.5	VOWLES Jules - ENG (11 Nov 2006)	292.5	WALLACE Derek - USA (22 Nov 2008)	680
110	DAVIES Mark - WAL (10 Dec 2005)	235	DAVIES Mark - WAL (18 Oct 2003)	175	DAVIES Mark - WAL (7 May 2005)	275	DAVIES Mark - WAL (10 Dec 2005)	675
125	DIETLE John - USA (2002)	275.5	LAING Phil - ENG (19 Apr 2009)	180	LAING Phil - ENG (6 Apr 2008)	310	LAING Phil - ENG (19 Apr 2009)	730
145	PEARSON Alan - ENG (6 Apr 2008)	225	PEARSON Alan - ENG (6 Apr 2008)	195	PEARSON Alan - ENG (6 Apr 2008)	285	PEARSON Alan - ENG (6 Apr 2008)	705
145+	EDWARDS Sterling - USA (2004)	205	EDWARDS Sterling - USA (2004)	137.5	EDWARDS Sterling - USA (2004)	180	EDWARDS Sterling - USA (2004)	522.5