

## RECORDS - World Men U-S

Updated 20th April 2009

### OPEN UNEQUIPPED

WGT	Squat	Bench Press	Deadlift			
52	BERRY Christian - FRA (14 Nov 2003)	120	HONEYCUTT Boyd* - USA (1992)	122.5	MERIO Marcello - ITA (2001)	150
56	FORBES Brian - IRE (29 May 2004)	132.5	LEWANDOWSKI S* - POL (1994)	122.5	FORBES Brian - IRE (29 May 2004)	175
60	BROWN Stephen - ENG (10 Oct 2008)	152.5	McGOWEAN Glen* - USA (1996)	147.5	BROWN Stephen - ENG (12 Oct 2008)	210
67.5	COLELLA Antonio - ITA (2002)	190	PONNIER Joseph* - FRA (1991)	190	FORD Stuart - ENG (27 Jul 2008)	245
75	ROEDEL Audi - AUS (3 Aug 2008)	215	WEGIERA Jan - POL (1994)	175	NICASTRO Dave - USA (22 Oct 2006)	242.5
82.5	MOCHALOV Andrey - RUS (27 Apr 2007)	242.5	JOSEPH Mike - ENG (15 Oct 2005)	198	VERBEKE Beny - BEL (29 May 2005)	300
90	SERVOTTE Geoffry - BEL (27 Apr 2007)	262.5	MADISON Ron - USA (2001)	215.5	VERBEKE Beny - BEL (2006)	305
100	PILLING Les - ENG (2000)	270	LEWIS Rock - USA (1998)	250	WHITEHEAD Peter - SCO (2001)	302.5
110	PILLING Les - ENG (11 May 2002)	300	DOAN David - USA (1996)	232.5	FENNELLY James - IRE (3 Jul 2006)	310
125	HAYDOCK Mark - ENG (14 Oct 2005)	290	ROGERS Deron - USA (1992)	230	HAYDOCK Mark - ENG (16 Oct 2005)	312.5
145	SUSHCHACK Vladimir - RUS (27 Apr 2007)	305	DOLAN John - USA (15 Oct 2005)	260	HAYDOCK Mark - ENG (15 Jul 2007)	312.5
145+	FITZHENRY Dave - IRE (29 May 2004)	290	GRIFFIN Jim - USA (1996)	240	O'DONNELL Eoin - IRE (5 Apr 2008)	230

### TEENAGE 1 (14-15 yrs) UNEQUIPPED

WGT	Squat	Bench Press	Deadlift			
52	GISCLON Mickaël - SWI (14 Oct 2005)	90	SMET Indi - BEL (11 Oct 2008)	62.5	GISCLON Mickaël - SWI (16 Oct 2005)	115
56	GISCLON Mickaël - SWI (12 May 2006)	102.5	GISCLON Mickaël - SWI (13 May 2006)	70	GISCLON Mickaël - SWI (14 May 2006)	140
60	PATEL Hussain - ENG (28 Aug 2004)	90	FRONT K* - POL (1994)	82.5	PATEL Hussain - ENG (28 Aug 2004)	140
67.5	FRANTAR Zan - SLO (27 Apr 2007)	110	ZWIERS Miki* - USA (1995)	107.5	BUCHANAN Jordan - ENG (5 Apr 2009)	190
75	DE_HAAN Curtis - AUS (20 Oct 2006)	150	MAJDANIK Przemyslaw* - POL (1993)	105	DE_HAAN Curtis - AUS (22 Oct 2006)	230
82.5	GHAFOOR James - ENG (15 Jul 2006)	125	TEYSSANDIER Corentin - BEL (11 Oct 2008)	113.5	WATKINS Daniel - WAL (5 Apr 2009)	166
90	SCOTT James - IRE (29 May 2004)	110	PUZIO Grzegorz* - POL (1994)	155	SCOTT James - IRE (2004)	145
100	EDWARD Scott - CAN (2001)	160	EDWARD Scott - CAN (2001)	130	ANATOLI Cheil - ITA (11 May 2008)	140
110						
125	DECHAMPS Sebastian - BEL (1 Sep 2007)	180	DECHAMPS Sebastien - BEL (13 Oct 2007)	85	DECHAMPS Sebastien - BEL (14 Oct 2007)	200
145						
145+						

### TEENAGE 2 (16-17 yrs) UNEQUIPPED

WGT	Squat	Bench Press	Deadlift			
52			GREENE Travis* - USA (1995)	92.5	DIGNAM Brendan - IRE (16 Oct 2005)	100
56			WYNN Marcus* - USA (1996)	95	ALMIRANTE Claudio - ITA (11 May 2008)	112.5
60			CASSEL Earl* - USA (1992)	110	MULLEN David - IRE (4 Jun 2005)	142.5
67.5	BONINO Marco - ITA (9 May 2008)	145	SAKALIS Tony* - USA (1992)	125	DALDRY Michael - ENG (14 Oct 2007)	180.5
75	PATEL Hussain - ENG (14 Jul 2007)	137.5	METZGER Jon* - USA (1996)	153	BURT Andrew - GBR (5 Apr 2009)	190
82.5	LECOMTE Jérémy - FRA (12 Oct 2007)	170	MAJDANIK Przemyslaw - POL (1994)	125	KEEGAN Will - ENG (5 Apr 2009)	205
90	GLADKIKH Roman - RUS (12 Oct 2007)	195	MANISCALCO Felice - ITA (11 Oct 2008)	132.5	GLADKIKH Roman - RUS (14 Oct 2007)	220
100	MEEHAN TJ - IRE (14 Oct 2005)	185	RILEY Ed* - USA (1992)	140	VAN ROY Yannick - BEL (12 Oct 2008)	220
110			GHAFOOR James - ENG (26 Jul 2008)	125	CHALL Pierre - IRE (29 Apr 2007)	220
125			VAN_VLAENDEREN S* - BEL (1994)	100		
145						
145+						

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### TEENAGE 3 (18-19 yrs) UNEQUIPPED

WGT	Squat	Bench Press	Deadlift			
52		JAIDELSKI Piotr* - POL (1994)	87.5			
56	O'HARA Craig - IRE (3 Feb 2007)	80	RADTKE Bartomiej* - POL (1993)	110	O'HARA Craig - IRE (3 Feb 2007)	105
60	MCQUILLAN Shane - IRE (5 Apr 2008)	110	SHEMANSKY Chip* - USA (1995)	135	MCKEE Stephen - IRE (14 Feb 2009)	150
67.5	IDE Callum - SCO (4 Apr 2009)	170	KUCZERA Mariusz - POL (1993)	152.5	SERRANO Loic - FRA (2005)	215
75	ROZOV Andrey - RUS (12 Oct 2007)	160	WALTERS John* - USA (1996)	142.5	DE_SANCTIS Danilo - ITA (2002)	230
82.5	FROWEN Callum - ENG (10 Oct 2008)	181	STANCZYK Jacek* - POL (1993)	165	GRADDON Lewis - WAL (16 Oct 2005)	225
90	D'ARCY Kevin - IRE (29 May 2004)	180	NADOLSKI Zbigniew* - POL (1993)	165	CAMPBELL Simon - IRE (14 Feb 2009)	238
100			MILEWSKI Adam* - POL (1993)	160	AINSWORTH David - GBR (5 Apr 2009)	250
110	MEEHAN TJ - IRE (27 Apr 2007)	210	DEVITO Andy - USA (1992)	197.5	VAN_NIJLEN Filip - BEL (1999)	250
125	DECHAMPS Jerome - BEL (12 Oct 2007)	215	VAN_NIJLEN Filip - BEL (2000)	200	DECHAMPS Jerome - BEL (14 Oct 2007)	265
145			LAKE Matthew* - USA (1996)	205		
145+						

### JUNIOR (20-23 yrs) UNEQUIPPED

WGT	Squat	Bench Press	Deadlift			
52	NOSEDA Francesco - ITA (21 Oct 2000)	85	TOMASSI Alcide - ITA (2004)	72.5		
56			SESSA Roberto - ITA (25 Nov 2000)	107.5	O'HARA Craig - IRE (12 Oct 2008)	130
60			FURNARI Davide - ITA (2002)	127.5	LOWRY Stuart - IRE (12 Oct 2008)	190
67.5	CUCCURILLO Giacomo - ITA (12 May 2006)	145	SESSA Roberto - ITA (2002)	125	MAACHOU Farid - FRA (2003)	190
75	WILKINSON Steve - ENG (26 Jul 2008)	190	FLICK Nathan* - AUS (1996)	172.5	WILKINSON Steve - ENG (27 Jul 2008)	242.5
82.5	ABERY Neil - ENG (16 Jul 2000)	210	MADISON Ron* - USA (1996)	190	DE_SANCTIS Danilo - ITA (2004)	242.5
90	ULLDEMOLINS Jean-Pierre - ENG (22 Nov 2002)	220	GAZENDEL Tony - FRA (11 Oct 2008)	162.5	MACKIE Chris - ENG (2 Apr 2005)	291
100	VENDITTI Cosimo - ITA (10 Oct 2008)	205	BROOKS Cory - ENG (15 Jul 2006)	165	LE_CRAS Brett - ENG (5 Apr 2009)	272.5
110	FENNELLY James - IRE (3 Jul 2006)	230	HOLLINGSWORTH Jay - ENG (11 Oct 2008)	182.5	FENNELLY James - IRE (3 Jul 2006)	310
125	SCHEMBRI Emmanuel - MAL (10 Oct 2008)	222.5	EDWARDS Glen - ENG (22 Nov 2002)	175	LOUGHREY Ben - IRE (5 Apr 2008)	280
145			HARDIN Joshua - USA (1996)	205	BHAM Abudawar - ENG (28 Aug 2004)	230
145+	O'DONNELL Eoin - IRE (3 Feb 2007)	180			O'DONNELL Eoin - IRE (5 Apr 2008)	230

### MASTER 1 (40-44yrs) UNEQUIPPED

WGT	Squat	Bench Press	Deadlift			
52	BERRY Christian - FRA (14 Nov 2003)	120	RILEY Francis* - USA (1992)	77.5	BERRY Christian - FRA (16 Nov 2003)	125
56						
60						
67.5	BEDFORD Peter - ENG (14 Oct 2005)	160	JASINSKI Adam* - POL (1993)	135	BEDFORD Peter - ENG (16 Oct 2005)	205
75	ROSA Armando - ITA (12 Oct 2007)	185	SZABLUK F* - POL (1994)	165	BENANAMOUR Kadi - ALG (25 Nov 2000)	230
82.5	VALFREY Patrick - FRA (12 Oct 2007)	177.5	BRADY Dennis - USA (1995)	182.5	LANE Mark - IRE (2 Apr 2005)	283
90	BIANCHI Sergio - ITA (19 Jun 2004)	220	JEAN-ALPHONSE Joseph* - FRA (1998)	200	VERBEKE Beny - BEL (2006)	305
100	PILLING Les - ENG (5 Jun 1999)	265	BELLONCLE Phillippe - FRA (28 Apr 2002)	190	PILLING Les - ENG (5 Jun 1999)	300
110	MEEHAN Billy - IRE (5 Apr 2008)	230.5	BOSSI Paul - USA (11 Oct 2008)	220	HOLWAY Max - ENG (2004)	276
125	MEEHAN Billy - IRE (27 Apr 2007)	245	NAPERKOWSKI J* - POL (1992)	227.5	LAING Phil - ENG (27 Jul 2008)	302.5
145			TANCIL Jerry - USA (1997)	250	PYE Christopher - ENG (5 Apr 2009)	250
145+			POINDEXTER Jack* - USA (1992)	230		

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### MASTER 2 (45-49yrs) UNEQUIPPED

WGT	Squat	Bench Press	Deadlift
52			
56	FORBES Brian - IRE (29 May 2004)	132.5	GARVEY F* - USA (1992) 117.5
60	BROWN Stephen - ENG (10 Oct 2008)	152.5	CORNALI Daniel - FRA (1999) 120
67.5	MEREDITH Tommy - ENG (2 Apr 2005)	170	GUTTERIDGE Alan* - ENG (9 Dec 1996) 147.5
75	PIERCE Tony - IRE (5 Apr 2008)	168	HARRIS John* - USA (1995) 167.5
82.5	GOLDING Paul C - ENG (26 Jul 2008)	185	KLOSTERGAARD Jim* - USA (1996) 185
90	VAN NIEKERK Edward - ENG (2 Apr 2005)	230	RIGBY Andrew - ENG (11 Oct 2008) 190
100	PILLING Les - ENG (2000)	270	BENSALAH Bournedienne - FRA (3 Jul 1999) 200
110	PILLING Les - ENG (11 May 2002)	300	TUDOR Ian - ENG (9 Dec 1996) 197.5
125	COLLART Jean-Luc - BEL (1 Sep 2007)	275	CAUSY Dwight - USA (1992) 202.5
145	BRUSCO Enrico - ITA (2002)	245	BACKELANT Wim - BEL (10 May 2008) 195
145+	STOUDER Dennis - USA (10 Oct 2008)	210	STOUDER Dennis - USA (11 Oct 2008) 180

### MASTER 3 (50-54yrs) UNEQUIPPED

WGT	Squat	Bench Press	Deadlift
52			
56			PORTNOY Phillip* - USA (1995) 110
60			KOCH Harald - SWI (10 Mar 2007) 170
67.5	MEREDITH Tommy - ENG (14 Jul 2007)	172.5	SERRA Giampaolo - ITA (23 Nov 2002) 112.5
75	LOLACONO Vincent - ITA (27 May 2005)	190	MEREDITH Tommy - ENG (14 Jul 2007) 120
82.5	REMY Roger - BEL (1 Sep 2007)	175	DESSALVI Antonello - ITA (21 Oct 2006) 147.5
90	ZOBACH Georgy - RUS (12 May 2006)	210.5	DEJARLAIS Brian - CAN (2001) 155
100	ZOBACH Georgy - RUS (10 Oct 2008)	212.5	BUCHANAN Charles P - ENG (5 Apr 2009) 275
110	PILLING Les - ENG (27 Apr 2007)	260.5	ORLANDO Cosimo - ITA (13 Oct 2007) 170
125	PILLING Leslie - ENG (12 Oct 2007)	230	WHYTE Larry - ENG (22 Oct 2006) 270
145			ZOBACH Georgy - RUS (29 Apr 2007) 230.5
145+			PILLING Leslie - ENG (14 Oct 2007) 283
			CHUROVIA Robert* - USA (1992) 215
			O'CEARRA Padraic - IRE (14 Oct 2007) 272.5
			ROWLANDS Haydn - ENG (26 Jul 2008) 202.5
			BRUSCO Enrico - ITA (14 May 2006) 235
			ROWLANDS Haydn - ENG (4 Apr 2009) 197.5

### MASTER 4 (55-59yrs) UNEQUIPPED

WGT	Squat	Bench Press	Deadlift
52			
56			
60			SERRA Giampaolo - ITA (13 Oct 2007) 115
67.5	COLELLA Antonio - ITA (2002)	190	ZWICK Ivan* - USA (1996) 120
75	COLELLA Antonio - ITA (2002)	195	COLELLA Antonio - ITA (14 May 2006) 195
82.5	CLOW John - AUS (20 Oct 2006)	180	DESSALVI Antonello - ITA (11 Oct 2008) 150
90	MURRAY Roger - AUS (14 Nov 2003)	135	DELAPORTE Daniel - FRA (2004) 200
100	COX Tom - ENG (15 Jul 2006)	165	CARANGELO Vito - SWI (2003) 152.5
110	LEADBETTER Mike - ENG (4 Apr 2009)	197.5	ULIVARI Arturo - ITA (11 May 2008) 210
125			JOHN David - WAL (27 Jul 2008) 192.5
145			BRAUN John - CAN (26 Aug 2001) 260
145+			TUDOR Ian - ENG (15 Jul 2006) 167.5
			LEADBETTER Mike - ENG (5 Apr 2009) 270
			BRAGG Ronald* - USA (1992) 172.5
			VANHAVERBEKE Johnny - BEL (2006) 216
			SCHMID Rolf - KEN (3 Jul 1999) 155
			SHPRINTS Lev - RUS (12 Oct 2008) 182.5

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### MASTER 5 (60-64yrs) UNEQUIPPED

WGT	Squat	Bench Press	Deadlift			
52						
56						
60		TREVISAN Agostiino - SWI (15 Nov 2003)	110			
67.5	COLELLA Antonio - ITA (20 Oct 2006)	190	TIDONA Vincenzo* - FRA (1992)	110	COLELLA Antonio - ITA (22 Oct 2006)	192.5
75	CAMPBELL George - IRE (14 Feb 2009)	141	DUMONTOIS Jacques - FRA (2001)	122.5	CAMPBELL George - IRE (12 Oct 2008)	190
82.5	DARGUE Dave - ENG (15 Jul 2006)	152.5	POLESE Llio - ITA (13 May 2006)	136	GILBERT Ken - ENG (10 Jun 2000)	220
90	DAVIES Andy - ENG (4 Apr 2009)	170	VALLEE Noel - FRA (2005)	147.5	JONES John - ENG (6 Jul 2003)	210
100			VALLEE Noel - FRA (2001)	153	DAVIES Andy - ENG (5 Apr 2009)	215
110			TUDOR Ian - ENG (4 Apr 2009)	155	LAMBERT Maurice - FRA (2002)	220
125			BONNEAU Colin - CAN (30 Jun 2008)	182.5		
145			SCHAFFER Donald* - USA (1995)	190		
145+						

### MASTER 6 (65-69yrs) UNEQUIPPED

WGT	Squat	Bench Press	Deadlift			
52						
56						
60		TREVISAN Agostino - SWI (11 Oct 2008)	100			
67.5	CAMUS-MOLLET Daniel - FRA (2004)	150	VOLKONNEKO Serge* - FRA (1998)	97.5	CAMUS-MOLLET Daniel - FRA (2005)	185
75	CAMUS-MOLLET Daniel - FRA (2003)	160	WALLIS David - ENG (15 Oct 2005)	117.5	HERIT Gilles - FRA (23 Apr 2006)	217.5
82.5	CABALLEC René - FRA (12 Oct 2007)	150.5	POLESE Ilio - ITA (10 May 2008)	126	CABALLEC René - FRA (8 Apr 2007)	195
90	THEYSSENS Martin - BEL (1 Sep 2007)	157.5	VALLEE Noel - FRA (15 Oct 2005)	147.5	BENNETT Eddie - ENG (15 Jul 2007)	190
100			VOLPIS Roberto - ITA (13 Oct 2007)	142.5	BENNETT Eddie - ENG (16 Oct 2005)	215
110			DIEU Noël - BEL (25 Nov 2000)	140	BOUCHER Raymond - BEL (2006)	130
125						
145						
145+						

### MASTER 7 (70-74yrs) UNEQUIPPED

WGT	Squat	Bench Press	Deadlift			
52						
56						
60	SMITH Steve - USA (10 Oct 2008)	55	BARBER Malcolm - AUS (3 Aug 2008)	75	SMITH Steve - USA (12 Oct 2008)	121
67.5	CAMUS-MOLLET Daniel - FRA (7 Apr 2007)	142.5	TIDONA Vincenzo - FRA (2000)	110	CAMUS-MOLLET Daniel - FRA (8 Apr 2007)	180
75	PASSMORE George - ENG (8 Oct 2004)	115	CHARBIT Andre - FRA (2004)	100	GARCIA René - FRA (8 Apr 2007)	180
82.5	LAZARIDI Georgiy - RUS (12 Oct 2007)	145	LAVING Pierre - FRA (11 Oct 2008)	110	LAZARIDI Georgiy - RUS (14 Oct 2007)	190
90	MC KEE Anderson - ENG (10 Oct 2008)	120	MC KEE Andy - ENG (26 Jul 2008)	100	BENNETT Eddie - ENG (27 Jul 2008)	185
100	ANDREWS Tim - USA (10 Oct 2008)	123	FULTON John - SCO (1997)	137.5	BENNETT Eddie - ENG (12 Oct 2008)	187.5
110	BORTNAK John - CAN (2001)	25	MERTENS Rene - BEL (2006)	130	BORTNAK John - CAN (2001)	110
125			DAVIS Roger* - USA (1995)	130		
145						
145+						

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### MASTER 8 (75-79yrs) UNEQUIPPED

WGT	Squat	Bench Press	Deadlift			
52						
56						
60		CLUER Ron* - ENG (22 Jul 1995)	60			
67.5	TIDONA Vincenzo - FRA (7 Apr 2007)	115	TIDONA Vincenzo - FRA (8 Apr 2007)	85	TARRAN Ed - ENG (28 Aug 2004)	170
75	JOHNSTON Thomas - ENG (26 Jul 2008)	75	CHARBIT Andre - FRA (11 Oct 2008)	90	JOHNSTON Thomas - ENG (27 Jul 2008)	140
82.5	LAZARIDI Georgiy - RUS (10 Oct 2008)	145	ANNET François - FRA (8 Apr 2007)	97.5	LAZARIDI Georgiy - RUS (12 Oct 2008)	190
90			D'ANVERSA Mario - ITA (28 May 2005)	115		
100			MERTENS René - BEL (11 Oct 2008)	125		
110						
125						
145						
145+						

### MASTER 9 (80-84yrs) UNEQUIPPED

WGT	Squat	Bench Press	Deadlift
52			
56		SIMEONE Edmund* - USA (1995)	50
60			
67.5		SEE Paul - FRA (2004)	85
75			
82.5			
90		FULTON John - SCO (14 Jul 2007)	105
100			
110			
125			
145			
145+			

### MASTER 10 (85-89yrs) UNEQUIPPED

WGT	Squat	Bench Press	Deadlift		
52					
56					
60		CLUER Ron - ENG (6 Jul 2003)	40		
67.5					
75					
82.5					
90		LEE Charles - USA (21 Oct 2006)	95	LEE Charles - USA (22 Oct 2006)	145
100					
110					
125					
145					
145+					

### M/P/F UNEQUIPPED

WGT	Squat	Bench Press	Deadlift			
52						
56						
60		MCCONNELL Scott - IRE (9 Oct 2004)	130	MCCONNELL Scott - IRE (28 Aug 2004)	175	
67.5	McCONNELL Scott - IRE (5 Apr 2008)	140	McCONNELL Scott - IRE (13 Oct 2007)	150	COLE Sean - ENG (27 Jul 2008)	235
75	FLEMING Mark - ENG (4 Apr 2009)	202.5	FLEMING Mark - ENG (4 Apr 2009)	160	SOUTHERN Casey - USA (16 Nov 2003)	232.5
82.5	MOCHALOV Andrey - RUS (27 Apr 2007)	242.5	TEMPEST Phil - ENG (26 Jul 2008)	150	MOCHALOV Andrey - RUS (29 Apr 2007)	285
90	AUERBACH John - ENG (8 Oct 2004)	210	PARKIN Lee - ENG (14 Jul 2007)	150	MACKIE Chris - ENG (2 Apr 2005)	291
100	AUERBACH John - ENG (19 Jun 2004)	200	FOMOCHKIN Andrey - RUS (13 Oct 2007)	190	GEITNER Alexander - GER (14 May 2006)	265
110			HOLLINGSWORTH Jay - ENG (11 Oct 2008)	182.5	MALYSHEV Pavel - RUS (29 Apr 2007)	290
125	DIETLE John - USA (14 Nov 2003)	250	MCMILLAN Pat - USA (11 Oct 2008)	185	LAING Phil - ENG (5 Apr 2009)	307.5
145			DOLAN John - USA (15 Oct 2005)	260		
145+						