

RECORDS - World Womens S-E

Updated 20th April 2009

OPEN EQUIPPED

WGT	Squat	Bench Press	Deadlift			
44	GEDNEY Judith - USA (14 Oct 2005)	110	MONTANO Mara - ITA (13 May 2006)	57.5	GEDNEY Judith - USA (22 Oct 2006)	117.5
47.5	GEDNEY Judith - USA (22 Nov 2002)	117.5	CHERBONNEL Marie* - FRA (1992)	75	GEDNEY Judith - USA (2000)	125
50.5	GOW Rose - AUS (3 Aug 2008)	100	TAUBMANN Heidi* - FRA (1992)	77.5	GOW Rose - AUS (3 Aug 2008)	140
53	CHAVEY Evelyne - FRA (2001)	115	TAUBMANN Heidi* - FRA (1996)	87.5	BONELLO Claudine - FRA (2001)	147.5
55.5	LAPPIN Marilyn - CAN (2001)	90	TAUBMANN Heidi* - FRA (1998)	91.5	THOMAS Ann - ENG (14 Oct 2007)	132.5
58.5	WUYTS Helen - BEL (10 Oct 2008)	140	LAGRANGE Stephanie - FRA (11 Oct 2008)	95.5	WUYTS Helen - BEL (12 Oct 2008)	160
63	KOSTADINOS Helen - AUS (21 Oct 2000)	115	MCMAHON Shari* - USA (1996)	102.5	THOMAS Ann - ENG (27 Jul 2008)	141
70	LAMBERT Marie-Laure - BEL (8 Oct 2004)	112.5	STUMPFOWA Petra - IRE (13 May 2006)	97.5	ESPOSITO Concetta - ITA (16 Nov 2003)	152.5
80	ANDERSON Mary - SCO (4 Apr 2009)	195	ANDERSON Mary - SCO (5 Apr 2009)	112.5	ANDERSON Mary - SCO (5 Apr 2009)	210
90	MARTIN Cathy - USA (2002)	160	MARTIN Cathy - USA (9 Oct 2004)	98	MARTIN Cathy - USA (2002)	165
90+	RAPSON Sheryl - AUS (2 Aug 2008)	115	MAHONY Anita - IRE (5 Jun 1999)	105	RAPSON Sheryl - AUS (2 Aug 2008)	120

TEENAGE 1 (14-15) yrs EQUIPPED

WGT	Squat	Bench Press	Deadlift
44			
47.5			
50.5		WILLOCK Shauna* - USA (1996)	42.5
53			
55.5			
58.5		PITTMAN Megan* - USA (1996)	45
63		MALOTTEAU Severine - BEL (2001)	67.5
70		BARON Stephanie* - FRA (1993)	65
80		LISZKA Ewa* - POL (1994)	45
90		McCALL Jessica* - USA (1996)	57.5
90+		BAJAK Honorata* - POL (1994)	37.5

TEENAGE 2 (16-17) yrs EQUIPPED

WGT	Squat	Bench Press	Deadlift			
44		DESMET Cindy* - BEL (1996)	42			
47.5						
50.5						
53		CECCARELLI Francesca - ITA (2002)	52.5			
55.5		MALOTTEAU Severine - BEL (22 Nov 2002)	55			
58.5	WUYTS Helen - BEL (10 Oct 2008)	140	WUYTS Helen - BEL (11 Oct 2008)	70	WUYTS Helen - BEL (12 Oct 2008)	160
63		MAJ Monika* - POL (1993)	55			
70	LAMBERT Marie-Laure - BEL (8 Oct 2004)	112.5	LAMBERT Marie-Laure - BEL (9 Oct 2004)	50	LAMBERT Marie-Laure - BEL (10 Oct 2004)	130
80	COLLARI Virginie - BEL (2006)	57.5				
90						
90+						

RECORDS - World Womens S-E

Updated 20th April 2009

TEENAGE 3 (18-19 yrs) EQUIPPED

WGT	Squat	Bench Press	Deadlift		
44		HONA Philippe* - POL (1993)	35		
47.5		WASIAK Hona* - POL (1993)	35		
50.5		NOWICKA M* - POL (1993)	47.5		
53		SUROWIC Monika* - POL (1994)	45		
55.5		TREBEOTTE Laurence* - FRA (1992)	85		
58.5					
63		FARRELLY Jade - AUS (3 Aug 2008)	60	FARRELLY Jade - AUS (3 Aug 2008)	125
70		SIDOR Kamila* - POL (1993)	60		
80					
90		KLUCH Adrianna* - POL (1994)	65.5		
90+					

JUNIOR (20-23 yrs) EQUIPPED

WGT	Squat	Bench Press	Deadlift			
44						
47.5						
50.5		FRAILEY Misti* - USA (1995)	67.5			
53		CARPENTER Heidi* - USA (1996)	82.5			
55.5		TY Pamela* - USA (1996)	70			
58.5	TROITSKAYA Daria - RUS (27 Apr 2007)	115	VITTORI Nadia - FRA (1999)	60	TROITSKAYA Daria - RUS (29 Apr 2007)	117.5
63	CROMBEZ Vanessa - BEL (2006)	50				
70		DeGLORIE Mirsille - BEL (2004)	50			
80		DUYOLS Sandya - BEL (10 Sep 2004)	62.5			
90						
90+						

MASTER 1 (40-44yrs) EQUIPPED

WGT	Squat	Bench Press	Deadlift			
44						
47.5						
50.5		TAUBMANN Heidi* - FRA (1992)	77.5			
53		WATSON Lesley* - ENG (1998)	62.5			
55.5		MATHE Marie Dominique - FRA (2001)	57.5			
58.5	McKINNON Lee - AUS (2 Aug 2008)	65	PAPE Christine - FRA (2005)	80	McKINNON Lee - AUS (2 Aug 2008)	70
63						
70		POINTEAU Martine* - BEL (1995)	80			
80	ANDERSON Mary - SCO (4 Apr 2009)	195	ANDERSON Mary - SCO (5 Apr 2009)	112.5	ANDERSON Mary - SCO (5 Apr 2009)	210
90		SEGAL Yulia - RUS (13 Oct 2007)	65			
90+		WOMACK Diana* - USA (1995)	65			

RECORDS - World Womens S-E

Updated 20th April 2009

MASTER 2 (44-49yrs) EQUIPPED

WGT	Squat	Bench Press	Deadlift			
44		MONTANO Mara - ITA (13 May 2006)	57.5			
47.5		CHERBONNEL Marie* - FRA (1992)	75			
50.5	GOW Rose - AUS (3 Aug 2008)	100	GOW Rose - AUS (3 Aug 2008)	50	140	
53	LOOMES Julie - AUS (20 Oct 2006)	92.5	TAUBMANN Heidi* - FRA (1996)	87.5	LOOMES Julie - AUS (22 Oct 2006)	130
55.5			TAUBMANN Heidi* - FRA (1997)	90.5		
58.5			LAUNAY Dominique - FRA (2001)	82.5		
63			LAUNAY Dominique - FRA (2001)	81.5		
70						
80			SHEPHERD Eiko* - USA (1995)	102.5		
90			SEGAL Yulia - RUS (11 Oct 2008)	70		
90+						

MASTER 3 (50-54yrs) EQUIPPED

WGT	Squat	Bench Press	Deadlift			
44						
47.5		BOULLE Lilliane* - FRA (1996)	50			
50.5	LOOMES Julie - AUS (2 Aug 2008)	80	LOOMES Julie - AUS (2 Aug 2008)	50	LOOMES Julie - AUS (2 Aug 2008)	125
53						
55.5			TAUBMANN Heidi* - FRA (1998)	91.5		
58.5					GUYOT Brigitte - FRA (2001)	153
63			LAUNAY Dominique - FRA (2004)	82.5		
70						
80			TSUKANOVA Natalya - UKR (11 Oct 2008)	75	TSUKANOVA Natalya - UKR (12 Oct 2008)	150
90						
90+						

MASTER 4 (55-59yrs) EQUIPPED

WGT	Squat	Bench Press	Deadlift			
44		GEDNEY Judith* - USA (1995)	55			
47.5		GEDNEY Judith* - USA (1996)	60			
50.5						
53						
55.5						
58.5			BOUILLON Josette - BEL (3 Jul 1999)	50		
63	KOSTADINOS Helen - AUS (21 Oct 2000)	115	BOUILLON Josette - BEL (2000)	52.5	IACCARINO Teresa - ITA (16 Nov 2003)	110
70			FIEBIG Gale - AUS (5 Aug 2007)	60	FIEBIG Gale - AUS (3 Aug 2008)	100
80	TSUKANOVA Natalya - UKR (10 Oct 2008)	160				
90						
90+			OGG Cerise* - USA (1996)	82.5		

RECORDS - World Womens S-E

Updated 20th April 2009

MASTER 5 (60-64yrs) EQUIPPED

WGT	Squat	Bench Press	Deadlift
44	GEDNEY Judith - USA (14 Oct 2005)	110	GEDNEY Judith - USA (16 Oct 2005)
47.5	GEDNEY Judith - USA (22 Nov 2002)	117.5	GEDNEY Judith - USA (2001)
50.5			61
53			
55.5			
58.5			
63	KOSTADINOS Helen - AUS (20 Oct 2006)	115	KOSTADINOS Helen - AUS (21 Oct 2006)
70	HACKNEY Regina - USA ()	102.5	
80			
90			
90+			

MASTER 6 (65-69yrs) EQUIPPED

WGT	Squat	Bench Press	Deadlift
44	GEDNEY Judith - USA (14 Oct 2005)	110	GEDNEY Judith - USA (13 Oct 2007)
47.5	GEDNEY Judith - USA (10 Oct 2008)	102.5	GEDNEY Judith - USA (15 Oct 2005)
50.5			50
53			
55.5			
58.5			
63	JUERS Barbara - AUS (4 Aug 2008)	80.5	JUERS Barbara - AUS (4 Aug 2008)
70			50.5
80			
90			
90+			

MASTER 7 (70-74yrs) EQUIPPED

WGT	Squat	Bench Press	Deadlift
44			
47.5			
50.5			
53			
55.5			
58.5			
63			
70			
80			
90			
90+			

MASTER 8 (75-79yrs) EQUIPPED

WGT	Squat	Bench Press	Deadlift
44			
47.5			
50.5			
53			
55.5			
58.5			
63			
70			
80			
90			
90+			

RECORDS - World Womens S-E

Updated 20th April 2009

MASTER 9 (80-84yrs) EQUIPPED

WGT	Squat	Bench Press	Deadlift
44			
47.5			
50.5			
53			
55.5			
58.5			
63			
70			
80			
90			
90+			

MASTER 10 (85-89yrs) EQUIPPED

WGT	Squat	Bench Press	Deadlift
44			
47.5			
50.5			
53			
55.5			
58.5			
63			
70			
80			
90			
90+			

M/P/F EQUIPPED

WGT	Squat	Bench Press	Deadlift
44			
47.5			
50.5			
53			
55.5			THOMAS Ann - ENG (14 Oct 2007) 132.5
58.5			THOMAS Ann - ENG (5 Apr 2009) 142.5
63			THOMAS Ann - ENG (27 Jul 2008) 141
70			
80			
90	MARTIN Cathy - USA (2002)	160 MARTIN Cathy - USA (9 Oct 2004)	98 MARTIN Cathy - USA (2002) 165
90+			