

Powerlifting Championships 1995  
Sussex, Great Britain - 29/10/1995

		W.Cl.	U/E	Competitor Name		age	cat	B.W.	Squat	Bench	Deadl.	TOTAL	POINTS
w	1	1	44kg	E Beth GRATER	USA		Open		110	52.5	110	272.5	
w	1	1	47.5kg	E Tina MICHAUD	USA		Open		107.5	52.5	120	280	
w	1	1	50.5kg	E Sue SULLIVAN	USA		Open		110	65	125	300	
w	1	1	53kg	E Jacqueline DAVIS	USA		Open		145	77.5 WR	172.5 WR	395 WR	
w	1	1	55.5kg	E Diedre JOHNSON-CANE	USA		Open		137.5	67.5	150	355	
w	1	1	63kg	E DEMESSE	BEL		Open		140	70	160	370 ER	
w	2	2	63kg	E HILL	GBR		Open		120	60	130	310	
w	1	1	70kg	E Carla TROSPER	USA		Open		157.5	87.5	210	455	
w	2	2	70kg	E Carole LYNCH	GBR		Open		140	75	145	360	
w	1	1	80kg	E Helen WILLIAMS	GBR		Open		200 ER	90	205	495 ER	
w	2	2	80kg	E Linda-Jo BELSITO	USA		Open		192.5	87.5	202.5	482.5	
w	1	1	90kg	E Nikki AVEY	USA		Open		197.5 WR	75	182.5	455	
w	1	1	+90kg	E Cindy REGAN	USA	46	M2		185	115	190	490 WR	
w	2	1	+90kg	E Laura HODJAMKULOVA	RUS		Open		165	87.5	190	442.5	
	1	1	52kg	E William JACKSON	USA		Open		142.5	80	197.5	420	
	1	1	56kg	E Dave WEISS	USA		Open		172.5	107.5	225 WR	505	
	2	2	56kg	E Graham PRICE	GBR		Open		165 ER	92.5 ER	180	437.5 NR	
	1	1	60kg	E Brad OLSEN	USA		Open		237.5 WR	140	222.5	600 WR	
	2	2	60kg	E Mohammed KHAN	CYP		Open		170	75	205	450	
	1	1	67.5kg	E James BENEMERITO	USA		Open		242.5	145	267.5	655 WR	
	2	1	67.5kg	E SWALLOW	GBR	20	Jnr		225 WR	115 WR	260 WR	600 WR	
	3	2	67.5kg	E George TROULIS	CYP	35	Open		200	117.5	260	577.5	
	1	1	75kg	E TONGE	GBR		Open		225	132.5	242.5	600	
	2	2	75kg	E LYKOV	RUS		Open		215	110	250	575	
	3	3	75kg	E OTTOLNAGUI	GBR		Open		225	112.5	220	557.5	
	---		75kg	E PARFITT	WAL		Open		0	0	0	---	---
	1	1	82.5kg	E Ray BENEMERITO	USA		Open		300	162.5	337.5 WR	800	
	2	2	82.5kg	E COUSINS	GBR		Open		242.5	150	260	652.5	
	3	3	82.5kg	E TSAREV	RUS		Open		250	155	242.5	647.5	
	4	4	82.5kg	E Edward VAN NIEKERK	ENG	39	Open		285	140	210	635	
	5	5	82.5kg	E Mark LANE	IRE	35	Open		237.5	120	255	612.5	
	1	1	90kg	E Joe MCAULIFFE	USA		Open		295	202.5 WR	272.5	770	
	2	2	90kg	E Terry JEX	ENG	39	Open		265	160	302.5 ER	727.5	
	3	3	90kg	E FOULSER	GBR		Open		260	150	310 ER	720	
	4	4	90kg	E HALL	WAL		Open		215	130	220	565	
	5	5	90kg	E WATTS	WAL		Open		172.5	102.5	192.5	467.5	
	1	1	100kg	E Jim MORTON	USA		Open		327.5	192.5 WR	357.5 WR	877.5 WR	
	2	1	100kg	E Les PILLING	ENG	40	M1		310 ER	170 WR	300 WR	780 WR	
	3	2	100kg	E WILLIAMS	WAL		Open		235	115	265	615	
	1	1	110kg	E BEECHY	WAL		Open		280	185	275	740	
	2	2	110kg	E WAITES	GBR		Open		255	142.5	270	667.5	
	3	3	110kg	E POPP	CAN		Open		252.5	160	250	662.5	

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4	4	110kg	E	DEKOK	CAN		Open		255	170	235	660	
5	5	110kg	E	TUCKER	GBR		Open		200	170	245	615	
1	1	125kg	E	Tony LEIATO	USA		Open		352.5	230 <b>WR</b>	325 <b>WR</b>	907.5 <b>WR</b>	
2	2	125kg	E	Peter SUTTON	WAL	29	Open		290	200 <b>ER</b>	280	770	
1	1	145kg	E	Beau MOORE	USA		Open		320	250 <b>WR</b>	272.5	842.5	
1	1	+145kg	E	Mark HENRY	USA		Open		432.5 <b>WR</b>	235	392.5 <b>WR</b>	1060 <b>WR</b>	
2	2	+145kg	E	KELLY	WAL		Open		215	162.5	215	592.5	

**Best Lifters:**

**Women, equipped**

1st Jacqueline DAVIS:

2nd Carla TROSPER:

3rd Helen WILLIAMS:

**Men, equipped**

1st Mark HENRY:

2nd Ray BENEMERITO:

3rd Brad OLSEN: